

NEWSLETTER

Growing Together In Christ | www.lifesanctuaryap.com

Share The Gospel

As believers in Christ, we are encouraged to spread the hope we have discovered in Him to those in our lives. Each discussion, gesture of kindness, and account of God's unwavering faithfulness serves as a chance to direct someone towards Jesus. This month, take time to prayerfully seek the guidance of the Holy Spirit to connect with someone in need of encouragement, hope, or salvation.

Upcoming Dates

- September 17-19th: Mens Conference: High Point, NC
- September 21st: Pastor Birthday
- September 29-Oct 2nd: UPCI General Conferenfce: Salt Lake City Utah
- September 25th: Youth Rally: Grace Bridge Church: Chapel Hill, NC

Blessed With An Able Body

Earlier this month, women gathered at FPC Durham for a session of yoga, strength training, and fellowship. The morning served as a reminder to cherish the bodies that God has blessed us with and to be deliberate in our care for them. Participants engaged in a series of yoga poses aimed at enhancing flexibility, balance, and mindfulness before moving on to strengthening exercises.

The environment fostered encouragement rather than competition. Attendees were encouraged to progress at their own pace, focusing on becoming stronger and more in tune with their bodies.



Move The Mission Rally Recap

The Life Sanctuary Apostolic (LSA) Church gathered for an impactful Move the Mission Rally this past Friday. Hosted by UPCI North Carolina Youth, this special Back-to-School Rally united the congregation for worship, encouragement, and a renewed dedication to spreading the Gospel beyond the church's walls. The rally's highlight was a timely sermon titled "A Miracle To Go," delivered by Rev. Jonathan Quinones. His message reminded attendees that God not only works miracles in our lives but also calls us to carry His hope, power, and purpose wherever we venture.



Excited to announce that we will start back having service! Date, time, & location will be shared soon.